



# Bellfield College

**SENIOR SCHOOL  
BULLETIN**

**Term 1 - Week 5**



## UPCOMING EVENTS

Swimming Carnival – 11<sup>th</sup> March 2022

Moneyvest – Year 8 – 16<sup>th</sup> March 2022

Green Valley Police Visit – 17<sup>th</sup> and 18<sup>th</sup> March 2022

Biology Excursion – Ecosystem Dynamics  
(Camp Coutts) – 18<sup>th</sup> March 2022



## BOYS HAIRCUTS

**Students are required to wear their hair in a neat and tidy manner. Haircuts should be of an even grade. Hair should be well brushed and combed and it is assumed that hair will not be in such a condition as to invite comment.**

Please be aware of the following:

- Extreme styles of hair are not permitted.
- Gel, mousse and hair spray or other similar substances should not be used.
- There will be no undercuts or steps.
- Nothing shorter than a number 4 comb is acceptable.
- Hair should not extend below the eyebrows or touch the shirt collar.
- Beards should be always well groomed / or clean shaven.
- Long sideburns are not permitted.
- Students who do not abide by the haircut requirements will be asked to fix the identified problem and not return to school until the issue is resolved.
- Regular hair blitzes will be conducted to enforce these expectations.



# STEM | THE VALUE OF HOMEWORK AND WHAT MAKES IT WORTHWHILE

Homework is a concept that has been around for years and today is an expected requirement for schools and is viewed highly by many. Academics and educators not only reflect on the success of the student, but also the success of the school. Despite this, attitudes towards homework are constantly changing, culminating in the age-old homework debate.



Attitudes towards the value and purpose of homework are usually reflective of the current societal stance and mood. For example, in the 20th century the mind was seen as a muscle that would benefit from memorisation, and since this could be done at home, homework was perceived as valuable. However, come the 1940's, where emphasis shifted from drill to problem solving, people started to view homework negatively.

Yet fast forward to when Russia launched Sputnik, society became concerned that our students were not ready for the advanced technologies that were evolving and started to favour homework again. Although, reflective of the attitudes in the 1960s homework fell out of favour with the belief that it put too much pressure on students. This is why we find ourselves in a continuing circle of ups and downs in attitudes towards homework which most likely, will continue.

At Bellfield College, we believe that homework plays an important role in both a student's education and the performance of the school. If we look at academic research and take into account the opinion of leading educators who give weight to the stance that homework serves a purpose that penetrates far deeper than improving a student's general understanding of a subject.

The purpose of homework can be grouped into ten strands - 'practice, participation, preparation, personal development, parent-child relations, parent-teacher communication, peer interactions, policy, public relations and punishment.' This suggests that homework affects more areas than just a student's academic ability.





However, when we look at the research that focuses on the link between homework and academic achievement, we see that homework does in fact have a positive impact on students' grades. There is a direct link between students spending time on homework and their achievement in secondary school. Furthermore, a student who completes homework had better school report and test results than those who did not. In a report conducted by the EEF, they also found that the completion of homework at secondary level can add on an additional 5 months' progress onto a child's learning, with minimal cost incurred by the school. In addition to the academic findings, teachers themselves have commented on the purpose they believe homework provides to students and schools. Teachers recognised 'practice, preparation and personal development' to contribute to the overall purpose of homework.

There is a correlation between completing homework and improved achievement. Homework plays a fundamental role in both home-school involvement and students' relationships with their parents. A key purpose of homework outside of 'enhancing instruction' is to 'establish communication between parent and child'.

Homework acts as a bridge between school and home, and the ability to engage parents in school life has a positive impact on teachers - when teachers feel as though there is more parental involvement in school, they feel more positive about teaching.

At Bellfield College we take the education of our students very seriously and it is mandatory for students to complete their homework at a satisfactory level. Our Mathematics department have recently launched an after-school homework club which is proving popular.

Homework completed regularly by students helps to promote 'a sense of responsibility' and has a fundamental part to play in the learning process 'and paving the way to students becoming independent learners.

Abdi Rashid Ali

PhD, MA (SEN), BSc (Hons), PGCE

**STEM**

# Social and Emotional Learning Programs

## Cyberbullying

Through the welfare program students will develop awareness and build positive, supportive online communities through lessons on cyberbullying. **“Let's talk about this”** are lessons that teach students about the effects of digital drama, cyberbullying, and hate speech on both themselves and their larger communities. Students explore how individual actions (negative and positive, intentional and unintentional) can affect their peers and others. They are encouraged to take the active role of upstander and build positive, supportive online communities, and they will learn how to cultivate empathy, compassion, and courage to combat negative interactions online.

### **Let's talk about this**

#### **Years 7 – 8 (ages 12 – 13)**

Students in this educational session will have discussions around the benefits of technology, how to keep themselves safe online and the importance of being respectful, along with questioning whether the information found online is reliable. There will be conversations around building skills to deal with challenges online, not giving into peer pressure, making good decisions online and learning from mistakes.

This session will establish how to protect personal information, giving consideration to what photos, videos and content is being shared online along with how social media can impact their futures. Students will learn about cyberbullying and what they can do to minimise bullying, as well as maintaining respectful relationships, sending images and about image-based abuse. The teacher will also talk about meeting people online and staying safe, as well as how to get help and what support services are available.

#### **Years 9 – 10 (ages 14 – 15)**

The session will look at the protection of personal information, the importance of password strength, what information is being released when signing up to apps, games and social media. The session will include an in depth look at sharing information, with a concentration on sharing videos, photos and content online and how these components can impact on future employment.

There will be discussions around cyberbullying, the effects of this and legislation. As well as conversations about respectful relationships, meeting people online, sharing images and image-

based abuse, this session also covers skills to build resilience and what support services are available to help students.

Parents are encouraged to visit the "**think you know**" website, courtesy of the Police the Australian Federal Police.

<https://www.thinkuknow.org.au/resources-tab/parents-and-carers>

Our friendly constables from Green Valley police station will visit the campus during week 7 to support the ongoing and continuous conversations concerning these topics.

### **Cyberbullying behaviour might include:**

- abusive texts and emails
- hurtful messages, images or videos
- imitating others online
- excluding others online
- humiliating others online
- spreading nasty online gossip and chat
- creating fake accounts to trick someone or humiliate them

### **Statistics**

- 1 in 5 Australian young people reported being socially excluded, threatened or abused online
- 1 in 5 Australian young people (15% of kids, 24% of teens) admitted behaving in a negative way to a peer online — such as calling them names, deliberately excluding them, or spreading lies or rumours. Of these, more than 90% had had a negative online experience themselves.
- 55% sought help from their parents, 28% from their friends; 38% blocked the offending social media account; 12% reported it to the website or platform
- 55% sought help from their parents, 28% from their friends; 38% blocked the offending social media account; 12% reported it to the website or platform

### **What can I do?**

Students can contact their year advisors via email or in person.

Call the kids help line on 1800 55 1800

Visit the kids helpline link on <https://kidshelpline.com.au/teens/issues/cyberbullying>

Kind Regards,  
Marwa Hijazi  
Year Advisor (Year 9)





### What is Snapchat?

Snapchat is an application which is free to download on iOS and Android devices that allows users to send images and videos ('snaps') to each other. Snaps can be viewed for up to 10 seconds before they 'dissolve'.

Operating the app requires use of the device's data plan or a wireless internet connection. Images can be drawn on using a whiteboard-style tool and can be given a caption. Snapchat also gives users the ability to put special effect filters and emojis over images or videos to create different looks or themes.



### Is Snapchat free?

Yes, Snapchat is a free application that can be downloaded on most devices. Operating the app may attract costs depending on whether or not you use a wireless connection and if you choose specific special effect filters.

### Who can see the snaps that I send?

There are many ways an image can be saved, even on Snapchat. iOS and Android devices have a feature which allows the device to take a photo of what is on the screen ('screenshot'). Snapchat notifies the sender if an image they have sent has been captured, however there are also other ways images can be saved without the sender being notified, so it is important to think before you send a snap.

It is important to read the Snapchat privacy policy as it provides information about how your images and videos are kept and used. You should be aware that Snapchat has the right to reproduce, modify and republish photos and videos, and save them to the Snapchat servers, particularly in relation to the 'Live Story' feature.

### Is Snapchat a 'safe sexting' application?

It is important to know that there is no such thing as 'safe sexting' and Snapchat is no exception. You need to be aware that as soon as you send an image you have lost control. Sending sexually explicit images of someone under the age of 18, even if you've taken the photo of yourself, could be an offence under State and Commonwealth law.

If someone sends you an explicit image of themselves, you need to realise three things:

1. **It's not your photo** - you have no intellectual property ownership rights whatsoever to the image
2. **It's not you in the picture** - it's not your face or your body in the photo



3. **It's not your decision who to share it with** - you don't get to decide who else sees the picture, that decision should always remain with the person in the photo.

#### How can I stop people I don't know sending me snaps?

Snapchat has limited privacy settings, however, you can limit who can send you snaps. This can be enabled by going into the **Settings** menu, select '**Who can send me snaps**', then select '**My friends**'. This will ensure that only users on your contact list can send you snaps.

#### How do I block a user?

To delete or block a contact on

Snapchat find their username on your '**My Friends**' list and swipe or press their name, select '**Edit**' or the gear icon, and select '**Delete**' or '**Block**'.

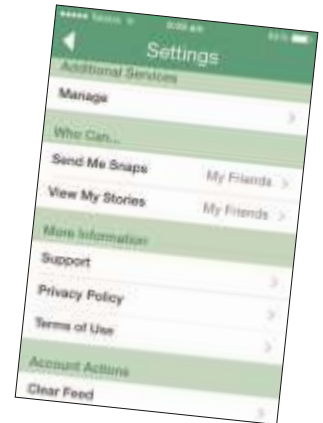
#### How do I delete my account?

To delete your Snapchat account, you need to go to <https://support.snapchat.com/delete-account> and enter your account username and password.

#### What are the potential problems with Snapchat?

Ethically, you need to be aware of the impact that your online behaviour has on your reputation and others.

If you share sexualised or naked images or videos of yourself or someone else via Snapchat, you may be committing an offence. Even if you think that you are happy to send or receive a message from someone, once you have sent it you have lost control of it – even if you've set your snaps to one second!





Fact sheet

# SNAPCHAT (For youth)



Follow us:



@ThinkUKnow\_Aus



facebook.com/ThinkUKnowAustralia

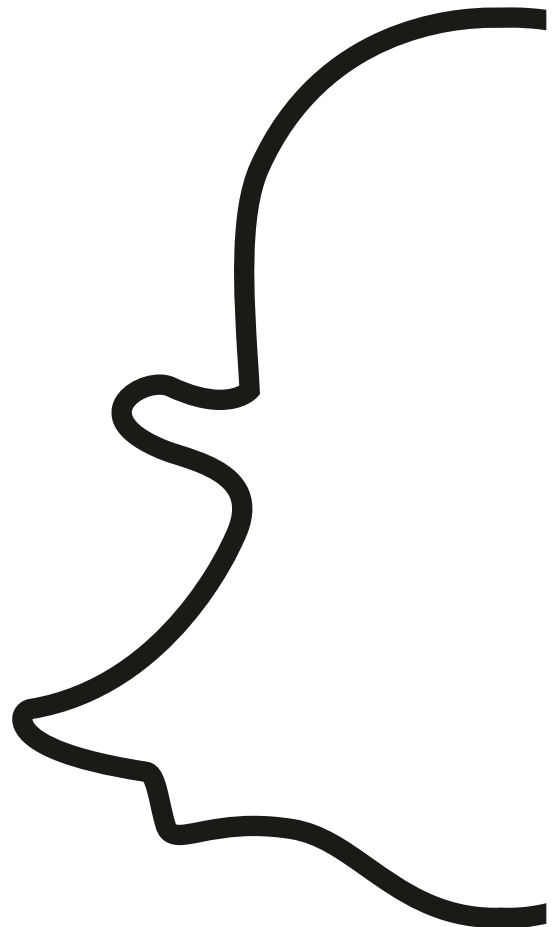
If these images are saved and uploaded anyone could come across or find the images, such as your future employer or even your parents! Even scarier, they could still be out there when you have kids of your own!

By sending naked selfies or nudes you may make yourself and others more vulnerable to bullying and cyberbullying.

This might happen at school or even online with people posting and sharing the image on social networking or instant messenger apps.

## Top 3 Snapchat Tips

1. Never share images or videos that you wouldn't be happy for the world to see.
2. Be aware of how to block, report and delete users on all your accounts and apps.
3. Restrict your account settings so only people you know and trust can communicate with you.



# WHERE TO GET HELP AND SUPPORT



It is important to remember that nothing is so bad that you can't tell someone. You can always ask for help if something goes wrong online; you don't need to manage these issues alone. Here are a list of options to report crime as well as support services.



AUSTRALIAN  
CENTRE TO COUNTER  
CHILD EXPLOITATION



## Australian Centre to Counter Child Exploitation

<https://www.accce.gov.au/>

Provides **information** on online safety and ways to **report** online crimes.



## Crime Stoppers

1800 333 000

<https://crimestoppers.com.au/>

Crime Stoppers is the trusted information receiving service to share what you know about unsolved crimes and suspicious activity without saying who you are.



## Police

000 | 131 444

Call **000** if you or someone you know is in immediate **danger**.  
Call **131 444** for police non-urgent help or your local police station.



## ThinkUKnow

<https://thinkuknow.org.au/>

ThinkUKnow can provide resources on online safety as well as **information** and resources for **reporting** online crimes.



## eSafety Commissioner

<https://www.esafety.gov.au/>

eSafety provides online safety **resources and training** for teachers, schools and communities, and can help take down **serious cyberbullying** material and intimate images/videos resulting from **image-based abuse**.



## Bullying. No Way!

<https://bullyingnoway.gov.au/>

Bullying. No Way! provides information and support for students, families and school communities on understanding, preventing and responding to bullying.



## headspace

<https://headspace.org.au/>

headspace focuses on youth mental health, providing **information**, online and phone **support**, as well as walk-in **locations** around Australia.



kidshelpine  
Anytime. Any Device.



## Kids Helpline

1800 55 1800

<https://kidshelpine.com.au/>

Kids Helpline is Australia's only free (even from a mobile), confidential 24/7 online and phone counselling service for young people aged 5 to 25. Qualified counsellors at Kids Helpline are available via WebChat, phone or email anytime and for any reason.



## Lifeline

13 11 14

<https://www.lifeline.org.au/>

A national service providing all Australians experiencing a personal crisis with access to 24-hour **confidential support** and suicide prevention.



## ReachOut

<https://au.reachout.com/>

An online **mental health** service for young people and their parents. They can provide specially targeted **information** to **help** any young person who visits their service. There is also an online forum to chat and connect with others (aged 14-25)



## School support services

If you need assistance, support or advice if something goes wrong, your school counselling service can help provide guidance.



## QLife

1800 184 527

<https://qlife.org.au/>

A national service that provides **anonymous** and **free LGBTI+** peer **support** and referral for people wanting to talk about sexuality, identity, gender, bodies, feelings or relationships.

Report Support Regulatory

# HSIE | **ADVICE FOR YEAR 11 & 12 STUDENTS**

Years 11 and 12 will be rewarding, challenging and exciting as you start preparing for the HSC and your next chapter beyond Bellfield College. You're almost there!

This weekly guide has been designed to help prepare years 11 and 12 students and give some handy tips. A lot of it you may already know and be aware of. But hopefully there'll be something new and useful for you.

## **Checklist for year 11 and 12:**

- Set up a dedicated study area.
- Use a daily planner to stay on track for assignments and deadlines.
- Schedule breaks throughout the day.
- Learn the gentle art of time management.
- Have a structured study routine that works for you.
- In year 11, use your time to develop your major work or project.
- Look after your health - make sure to fit in exercise or sport around study. Make sure to sleep and eat well. Your body and mind will thank you for it.
- Use proper recommended sources as references for your study. Make sure you're working with the syllabus.
- Set up or join a study group for extra help, encouragement, and brain power.
- Make the most of your last 2 years at school - use the resources and support available!
- Use school support services and counselling if you need them. Now's a great time to start thinking about your life after the HSC and seeing what's out there.
- Stay in touch with your teacher so you can make sure you're up to date with work and assignments and any help you need.
- Consider doing work experience, volunteering, or internships to get more industry experience.
- Check in with your friends and peers for study and fun and support.



If you want more help on how to succeed in year 11 and 12, please go to the following website:  
<https://education.nsw.gov.au/parents-and-carers/going-to-school/preparing/getting-ready-for-year-11-12> or see one of your Head of Departments or teachers that you feel comfortable with and they will help guide you.



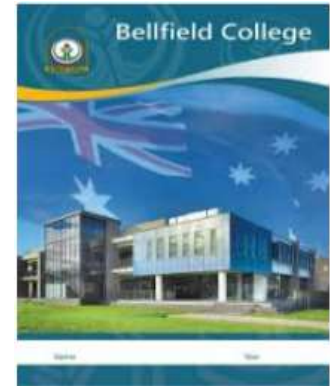
Kind Regards  
Wassim Hijazi  
Head of HSIE



# HSIE | THE ART OF TIME MANAGEMENT

## Proper use of the Bellfield College Diaries

All students at Bellfield College should of by now received their diaries/planners that need to be used on a daily basis if students are to reach their full potential. They help keep students organised and on task.



You can't go wrong if you have a daily list of study and tasks to do. The key with using the Bellfield College diary is to try and plan for everything, not just study. This means scheduling in exercise, chores, sport, after school activities, even social things. Don't be too exact, give some room to be flexible. At first, it's a bit of trial and error. You may find that you're not giving enough time to some study subjects and too much to others. It's OK to tweak the planner. The most important thing is that each day you're working with a plan. Below is a few tips on effective time management:

## Keep distractions well away

Set up your space and make sure it's designated for study only. Keep the devices, phones, books and anything else that may well away. Make sure your inviting and set it up to suit workspace clear so when instantly ready for study.



tempt you away from study, study space is warm and you. Try and keep your you come in, you're Have a clock with you so

you're always timing what you're doing and working to your schedule.

## Use a reward system

Rewards are just as important as the hard work you'll be doing all year. It's been shown that incentives can motivate you to learn. Rewards can be anything you enjoy, whether it's gaming time, going for a walk or a snack. Think of rewards as a pat on the back for your great time management. You're not a study robot, and breaks are important.



## Rank everything in terms of importance

Learning to prioritise is a big part of self-management. Prioritising your goals and tasks is an essential part of planning out your schedule. Only you will know which of your subject areas need more attention than others or which assignments are screamingly urgent. Some people like to use a ranking system to help categorise their priorities. For instance, dividing tasks up into A, B or C etc. or use numbers (1,2,3) or colours (red for most important, green for least) or whatever works for you. Put your top priority tasks in your daily schedule and the lesser priority tasks you can aim to achieve in a few days or weeks. The ability to prioritise is a great skill to have as you start your adult journey.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning						Morning	Morning
Period 1							
Period 2							
Period 3							
Period 4							
Period 5						Afternoon	Afternoon
Period 6							
Period 7							
4:00PM							
5:00PM							
6:00PM						Evening	Evening
7:00PM							
8:00PM							
9:00PM							
10:00PM							



# STUDY TIP | HOW TO PREPARE FOR SUCCESS



## 1. Set a Schedule

In your diary mark out chunks of time that you can devote to your studies. You should aim to schedule some study time each day.

## 2. Study at Your Own Pace

Do you digest content quickly, or do you need time to let the material sink in? Only you know what pace is best for you. There is no right or wrong, so don't try to match someone else. Find out what works for you.

## 3. Get Some Rest

Your **body needs rest**, so getting enough sleep is crucial for memory function.

This is one reason for scheduling study time – it reduces the temptation to stay up all night cramming for a big test. Aim for **seven or more hours of sleep** before an exam.

Limit naps to 15 or 20 minutes at a time.

Once awake do a few stretches or light exercises to prepare your body and brain to work.





#### 4. Silence your Mobile Devices

Interruptions are notorious for breaking your concentration. If you pull away to check a notification, you will have to refocus your brain before diving back into your studies.

Considering turning off your phone's sounds or put you device into "do not disturb" before you start.

If you are still tempted to check your device, simply power off until you have finished your study.

#### 5. Relax

Research shows that **stress makes it harder to learn** and to retain information.

Stress-busting ideas include:

- Taking deep breaths
- Writing down a list of tasks you need to tackle
- Doing light exercise

Try to clear your head before you begin studying.



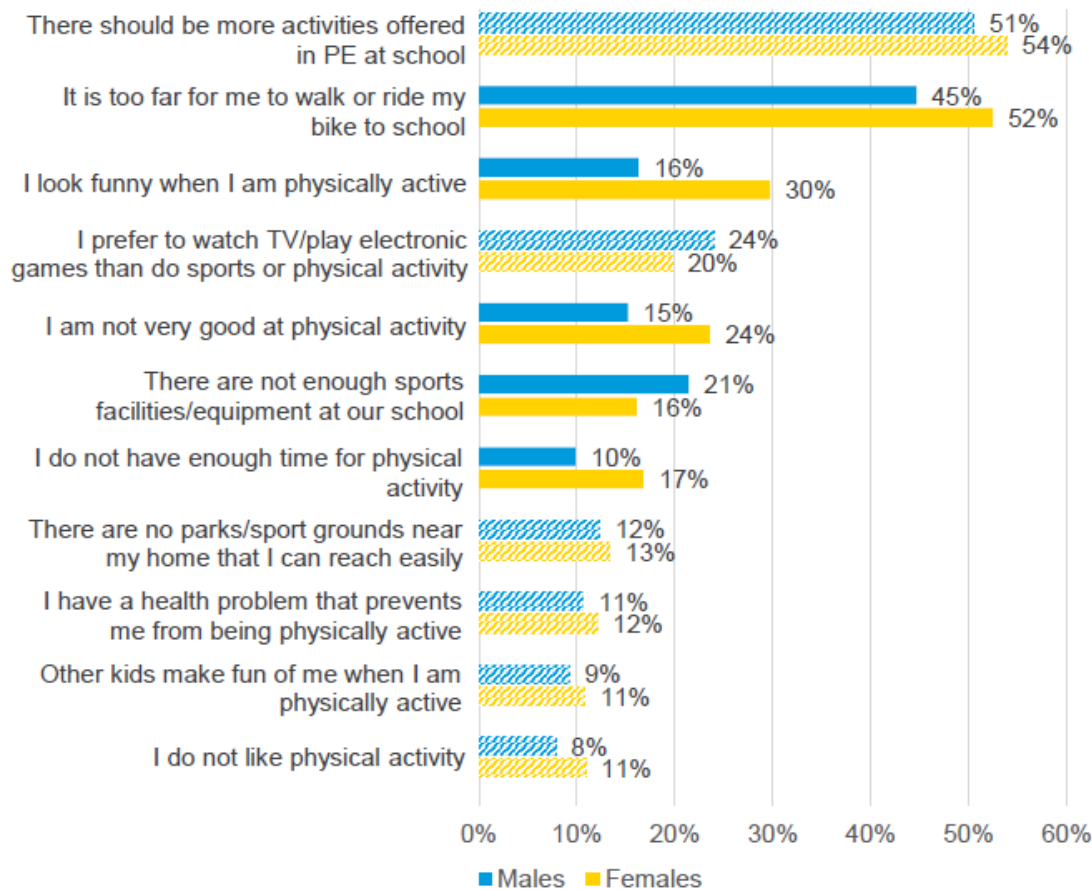
# PDHPE | PHYSICAL ACTIVITY IN AUSTRALIAN SECONDARY SCHOOL STUDENTS

## PART 2: Physical Activity Barriers and Facilitators

Assessment of potential barriers to and facilitators of students engaging in physical activity can provide insight into why female adolescents may fall behind their male counterparts in meeting physical activity recommendations and help optimise future intervention strategies.

### Barriers

Females were significantly more likely than males to agree that it is too far to walk or ride their bike to school, they look funny when they are physically active, they are not very good at physical activity and they do not have enough time for physical activity. On the other hand, males were significantly more likely than females to agree that there are not enough sports facilities/equipment at their school.

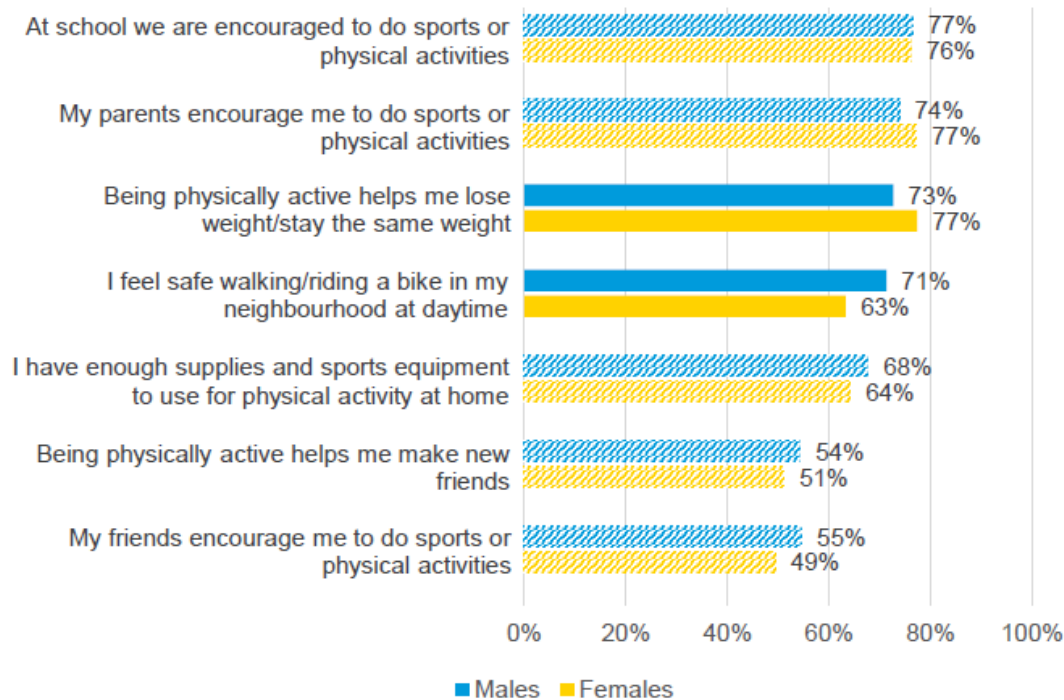






## Facilitators

Females were significantly more likely than males to agree that being physically active helps them lose weight or stay the same weight, while males were significantly more likely than females to agree that they feel safe walking or riding a bike in their neighbourhood during the day.



In summary, throughout schools, there needs to be a tri-partnership between the school, student and parents where physical activity/sport is not just part of school life, but encouraged outside of school hours. A variety of initiatives are available outside of school that can be intriguing to students and their interests. The combination of social, mental & spiritual dimensions of health will not perform at their peak level with the absence of physical health, Thus creating a domino effect that could hinder the youths overall wellbeing.

If you have any queries regarding physical activity at Bellfield College, please don't hesitate to contact Mr. Akil on the following details:

Ph: 9606 2666

Email: Hussein.akil@bellfield.nsw.edu.au

Kind regards

Mr. Akil

Head of Department PDHPE/Sport

# YEAR 10 |

## The Duke of Edinburgh's International Award Australia



Asalamu Alaykum

Dear Parents and Students

The Duke of Edinburgh is a leading structured youth development program, empowering all young Australians aged 14-24 to explore their full potential and find their purpose, passion and place in the world, regardless of their location or circumstance. The Award is a fully inclusive program.

Today more than 130 countries have adopted The Duke of Edinburgh's International Award program with over 8 million young people having participated worldwide. Locally over 775,000 young people have participated in the Award in Australia in the past 58 years, with on average 40,000 very diverse participants annually working towards achieving an Award.

**What impact does the Award have on a young person?**

**Through this challenging journey of self-discovery, our Participants:**

- Are equipped and empowered to achieve their personal best
- Learn to take responsibility for their goals and choices
- Become connected to and actively engaged within their immediate community
- Make a real difference to society through their positive contributions and involvement
- Learn to persevere and overcome barriers to success
- Learn important life skills
- Increase their career opportunities.

There will be more information in the coming weeks. If you wish to know more please do not hesitate to contact me on [mahdi.hussain@bellfield.nsw.edu.au](mailto:mahdi.hussain@bellfield.nsw.edu.au).

Warm Regards

Mr. Mahdi Hussain

Year 10 Year Advisor

## MUSIC |



Music Clubs are lunchtime groups that you can join to study music and learn to play instruments with like-minded individuals. This will provide an opportunity to learn and understand the instruments themselves, and how to play within the context of an ensemble.

Details have been posted on CANVAS under the banner pictured above.

You don't need to be able to play (yet); it is more about having the right attitude and interest in doing something rewarding and meaningful.

Please have a look around the pages in this module and feel free to 'sign-up'.



## Music in the Classroom

Our Year 7 program has got off to a great start this year. All students are working really well and adapting to the demands of senior college study. In the first few weeks we have begun to learn the rudimentary elements of music theory, we are learning to play simple melodies on the keyboard, and we are also drumming! I am encouraged by the amount of enthusiasm for the instrument sessions, and I have been surprised at the level of skill that our students are managing to develop in such a short space of time. My two year 7 classes are quite focussed, and they have studied the Happy Birthday song, the National Anthem and some have even taken up Fur Elise, which is a popular Beethoven piece and somewhat of a student favourite!

Our 'Bandroom' has drums, guitars, keyboards and a PA system, and we are gradually learning about each instrument/piece of technology so that our students know how to take care of the equipment while having the opportunity to play and explore. An increasing number of students come to see me at recess and lunchtimes wanting to practice their keyboard pieces or play the drums which demonstrates the popularity of music in general at our school.

Year 8 students are doing very well also. We are building on what we learned last year, and I am so pleased with the improvement in work and levels of engagement. Our year 8 program includes Music Research projects and a unit on Australian Music, which is in itself, an interesting concept to contemplate, because one may well ask, "What is Australian Music?".

We shall contemplate that very idea and produce our own conclusions, while studying some interesting music, bands, musicians and artists who have played a part in the musical history of our country.





The Mitchell Library Reading Room  
is now open!

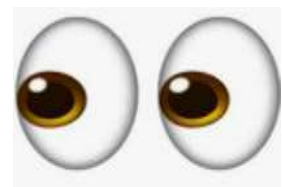


*We are thrilled to welcome readers back to this beautiful, newly refurbished public space. From Monday, 7<sup>th</sup> March our Reading Room opening hours will be extended as follows:*  
*Monday to Thursday – 9am to 8pm*  
*Friday – 9am to 5pm*  
*Weekends & Public Holidays – 10am to 5pm*

**WORLD BOOK DAY**



***The World Book Day (Thursday, 3<sup>rd</sup> March) we're releasing 50 must read Australian books from 2021 in and around the Library? If you find a book with a 'read me' sticker on the cover, be sure to pick it up and take it home. Once you're done, you can leave it somewhere else for another reader to discover. Follow us on Instagram for clues on where to look .....***







## YEAR ADVISORS | 2022

Year Advisors are responsible for pastoral care aspects, and its impact on the learning of the students in their year group. They are usually the first point of contact for parents in relation to any issues or problems about a student. Year Advisors are dedicated and an integral part of the school community. They work closely with staff and parents to provide the earliest possible intervention that prevents problems for their students.

Stage 4  
Year 7 Aspasia Zakos  
Year 8 Moustafa Nehme

Stage 5  
Year 9 Marwa Hijazi  
Year 10 Mahdi Hussain







Stage 6  
Years 11 and 12  
Zeinab Rammal



# UNIFORM

## SPORT

Girls 7-12 Sports Uniform	
Long teal polo shirt with logo	Microfiber long jacket
Striped cotton long polo pants (unisex)	No jewelry
Long White Sport Socks	No face piercings
School Hat	

	Sock colour + length	Uniform and length of uniform	
<p><b>GIRLS</b></p> 			

		<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">Avoid fashion items</div> 	
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### Boys 7-12 Sports Uniform

Teal polo shirt with logo	School hat
Striped cotton long polo pants (unisex)	Microfibre jacket
Long white sport socks	No jewellery

Sock colour + length



Uniform and length of uniform







*Ramadan is the month in which the Qur'an  
was sent down*

*as guidance for humankind...*

Qur'an 2:185

# BRING YOUR RAMADAN JOURNEY TO LIFE!



## CALLING ALL BELLFIELD ARTISTS to join the 2022 IFTAR DINNER ART CATALOGUE

Enter this fantastic competition to be in the running to win great prizes!

Take a photograph or make an artwork that represents your 2022 Ramadan journey. All entries will become part of the 2022 Bellfield annual Iftar dinner art catalogue. Vote for your favourite entries during this celebration.

Email a photo of your entry by 1 April to [sasha.hayes@bellfield.nsw.edu.au](mailto:sasha.hayes@bellfield.nsw.edu.au).

For more information, email Mrs Hayes at [sasha.hayes@bellfield.nsw.edu.au](mailto:sasha.hayes@bellfield.nsw.edu.au).



# PARENT COMMUNICATION

## SENTRAL PARENT PORTAL

Bellfield's Student portal is a one-stop shop for everything. Students can access the portal using their school logon, which gives them access to their timetable, assessment marks, attendance history and reports from anywhere at any time.

In addition, the parent portal provides parents with 24/7 access to their child's data. Parents can log into access their child's reports, attendance and welfare details as well as updating family contact details. Furthermore, if you are a parent and want to see your child's records, contact the college and you will be given an access code for the parent portal, which you will use to access your child's data.

### How to download Sentral:

- You can access the portal here: <https://bellfield.sentral.com.au/portal>
- Please download the **Sentral for Parents** app from App Store or Google store. Enter the name of the college (Bellfield College) and
- Click 'Next'



## WHATSAPP

Save the college mobile number:

**0430 842 666**





# ATTENDANCE PROCEDURES

We are taking this opportunity to remind parents about our Attendance Procedures. The following is a summary of the procedures Bellfield College has in place to support students to ensure they meet attendance requirements including being at school on time.

It is expected that all students should be on the school grounds by the morning warning bell at 8.25am every school day.

First period lessons commence at 8.30am and all students must have their name marked as present during the first 5 minutes designated during period 1. Any student arriving after 8.30am will be considered late to school **and will need to attend the Senior Administration Office as soon as they arrive to school to be marked as present.**

**The school gate closes at 8.30am.** After this time parents will need to physically access the Senior School front offices to personally sign their children in. **Parents must provide a valid reason;** this will be recorded as explained and unjustified late and a subsequent text message will be sent to the parent as a record of attendance. A valid reason may include;

- Appointment supported by a medical certificate or certificate of attendance

If a child arrives at School late without a valid reason they will be issued an afternoon school detention. After school detentions are held on Wednesdays from 3.30 to 4.30pm.

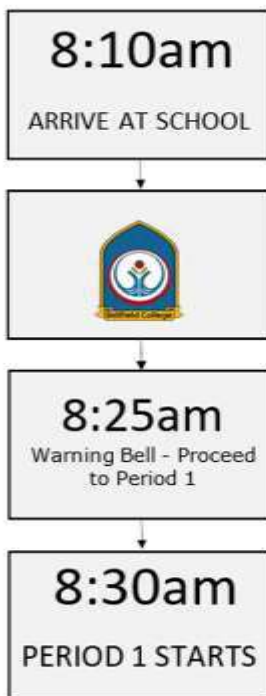
After school detentions are not negotiable and must be served by the student if issued. Failure to attend an after-school detention due to absence will result in the issue of another one. If not absent from school and the student fails to attend the detention, parents will be called so that a suspension may be arranged for a breach of college rules and the suspension will be recorded against the student's name. Please see attached for the afternoon detention and attendance flowcharts.

Sincere regards  
Ms Ramadan  
Head of Senior School

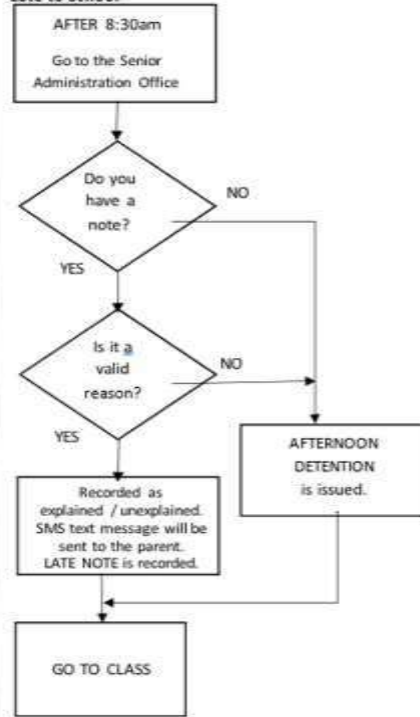
# ATTENDANCE AND AFTERNOON DETENTION PROCEDURES

## BELLFIELD COLLEGE ATTENDANCE & AFTERNOON DETENTION PROCEDURES

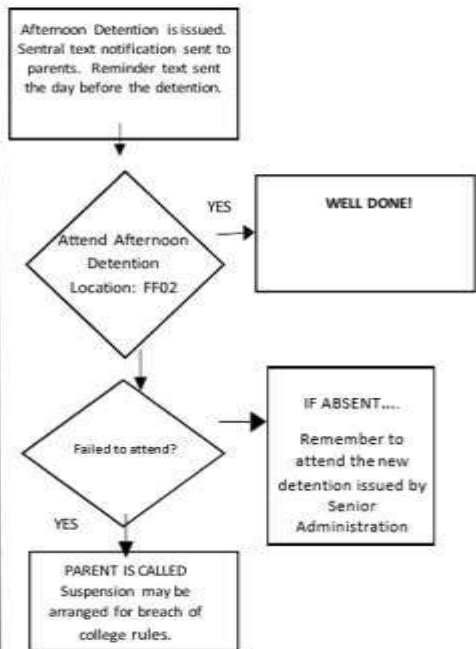
### Attendance



### Late to School

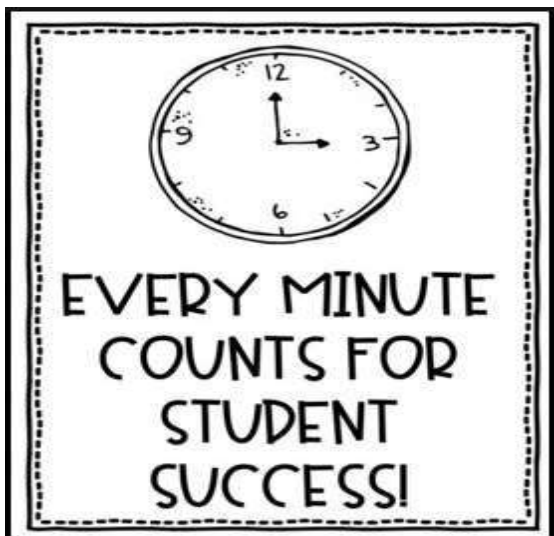


### Afternoon Detentions



#### NOTE:

Please note younger students/siblings must be collected at the regular time and supervised by parents until it is time to collect your child from detention.  
If a student is absent from school when the afternoon detention is served, then he/she will have to serve it on another day and families will be notified accordingly.





# SENIOR CAMPUS PROTOCOLS

## Suspension

A suspension from school is offered to students as a last resort or for a breach of College rules. Students can be suspended from school from anywhere between 2 - 3 days. The length of time is dependent upon a number of variables and is at the discretion of the CEO/Principal.

An immediate suspension will be given to a student who: swears at a teacher, engages in physical fighting, violence directed toward a person, steals from someone or engages in immoral behaviour. Other behaviours may also result in suspension at the CEO/Principal's discretion and include vandalism, high level bullying, an ongoing accumulation of issues and an inability to demonstrate improved behaviour.

## Mobile Phones

Our College is a student phone free zone.

Mobile phones **MUST be placed in the school bag and switched off before entering school grounds**, this includes before the 8.30am bell and after the home time bell. If seen, heard or used on school grounds devices will be confiscated immediately and held for two weeks. Please note that this also includes mobile phone devices such as Air Pods and headsets. Other technology items including IPADS and Apple watches are also not permitted.



**Students also have the option of handing in their mobile phone to the Senior Administration office each morning. Pick up occurs at 3.10pm, not earlier.**

## Students late to class

Students late to class will receive an Afternoon Detention. Late to class can be defined simply as 'wrong place, wrong time'. If a student is late to class / truant an entire period they are marked as absent on the Sentral roll marking system. This is then followed up by the class teacher and the Head of Department the next day. Continued late to class / truancy may result in further action being taken.

## Afternoon Detentions

If a student is absent from school when the afternoon detention is served, then he/she will have to serve it on another day and families will be notified accordingly.

Failure to attend the afternoon detention may result in a suspension as this is considered a serious breach of college rules.

## **Homework**

Homework is sent home every night. Please contact your child's class teacher if you have any questions.

### **The Main Types of Homework are**

- Practice Exercises – providing students with the opportunities to apply new knowledge, or review, revise and reinforce newly acquired skills
- Preparatory Homework – providing opportunities for students to gain background information on a unit of study so that they are better prepared for future lessons
- Extension & Research Assignments – encouraging students to pursue knowledge individually
- Revision and consolidation – reading over class notes, applying information and organisation or reformatting notes

## **Withdrawing from the College**

If you are withdrawing a student from the College, please be advised that 10 weeks' notice is required.

If you do not provide the College 10 school weeks' notice of withdrawing from the college, a term's fees will be charged to your account.

## **Roll Call**

Students must arrive prior to 8.30am and will attend period 1 class immediately after the morning bell (8.30am). Attendance rolls will be marked at the commencement of period 1 and throughout the day occurring at the beginning of each period. **Students late to class will be issued with an 'on the spot' afternoon detention.**

## **Travel Policy**

Please ensure that prior to booking any holidays during term time, that you seek approval from the college. We only allow 10 school days leave maximum during a calendar year. Any families who are in breach of our travel policy will be asked to repeat their current grade.

Please note that students enrolled in the Compression classes will not be granted leave during term time.

## **Private Buses**

Students travelling to and from school via private buses should use the foot path along the front driveway. When leaving school, students must use the Junior crossing and the student exit pedestrian gate.

## Afternoon Pickup and Morning Drop off – Kiss and Drop

If travelling to and from school by car, pick up and drop off is strictly via the school car line zone. Car line may be accessed through the Junior school gate, follow the road through to the senior school library and wait in your car for your child. Children must wait in front of the library until mum or dad are seen to approach the library. Students are not permitted to wait along the grass area, nor should they be encouraged to cross carline to enter your vehicle.



- **NO** students will be permitted to exit school grounds or to enter cars parked on the street.
- Gates will open at 2.45pm.
- Please join the car line. No cars will be permitted to make a right turn to enter the car line.
- **ALL** cars must exit the driveway and turn left **ONLY**. Right turn and U-turns will not be permitted.
- Students will be lined up in family groups during afternoon pick up to allow for faster access.
- Please be respectful and courteous to our staff as they are only doing their job.

## Sick Bay

### Illness at School

- Students who are sick during the school day should:
  1. See a teacher for written permission to go to the sick bay.
  2. Present themselves promptly to the senior administration office.
  3. Follow instructions from the administrative staff politely.
  4. Stay at school until the administrative staff have contacted parents.
- Students must not telephone parents to arrange for their parent/guardian to collect them. This will be done by the office staff.





- The sick bay is used for a short time only and students will be monitored by the senior school administration officer. If the problem persists parents or caregivers will be contacted. For serious problems, parents or caregivers will be contacted immediately and for very serious cases medical help will be sought.
- It is extremely important that the medical information in each student's file is accurate. If there is a change in your child's health status, the school MUST be notified. For students who are on medication parents are required to complete a 'Prescribed Medication' form explaining the nature of the medication and give clear guidelines for administering the medication. This form is available from the front office. Prescribed medications must be distributed from the office.



## SENIOR SCHOOL CONTACT LIST

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<b>Year Advisors</b>		
<b>Ms Aspasia Zakos</b>	Year 7	
<b>Mr Moustafa Nehme</b>	Year 8	
<b>Mrs Marwa Hijazi</b>	Year 9	
<b>Mr Mahdi Hussain</b>	Year 10	
<b>Miss Zeinab Rammal</b>	Years 11 and 12	